

Debra Schildhouse
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Advance Praise

“This is a wonderful personal narrative about the author’s exploration into learning and practicing Bio-Touch, a hands-on energy healing modality.”

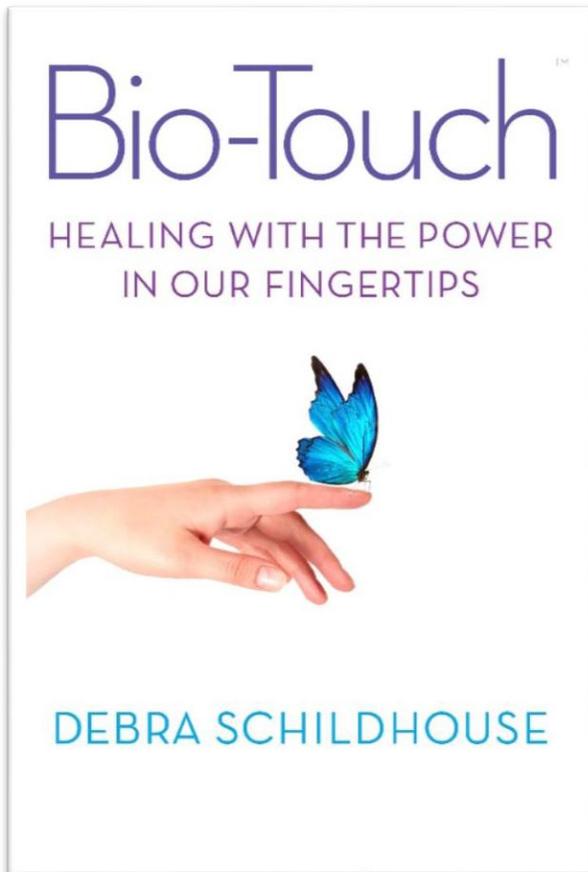
–Dr. Ann Marie Chiasson, Arizona Center for Integrative Medicine, Author of Energy Healing: The Essentials Guide

“Debra Schildhouse masterfully introduces Bio-Touch to the world, sharing many fascinating stories of this simple, yet elegant, healing path.”

–Dr. BJ Adrezin, Naturopathic Medical Doctor

“The story of Bio-Touch is one that needed to be told and Debra Schildhouse is the perfect storyteller to do that job. This simple, gentle, and loving technique has touched so many lives, and this book will touch many more...”

–Dr. Bill Gallagher, DC, DNFT® Chiropractor



BIO-TOUCH

Healing with the Power in Our Fingertips

By Debra Schildhouse

It’s unimaginable that in our day and age, that there is actually an organization which is healing thousands of people without changing the recipients a single dime! What’s even more incredible, is that for a nominal fee, these healing practitioners will teach the technique to others, so they too can continue the practice of healing, without ever receiving payment from a chronically ill person for their treatment. Author Debra Schildhouse introduces

readers to a powerful healing method called Bio-Touch, a touch-based healing technique proven to alleviate pain, stress, the symptoms of disease and depression in her book, **BIO-TOUCH: Healing With The Power In Our Fingertips** (Select Books; \$16.95.) When Schildhouse's daughter became deathly ill, she felt powerless to help. After her daughter recovered, Schildhouse was on a mission to find a way to help heal others, so they would not suffer like her daughter. That was when she discovered Bio-Touch and its founder, Paul Bucky.

In **BIO-TOUCH: Healing With The Power In Our Fingertips**, Schildhouse tells the incredible real-life story of Bucky and how he came to discover Bio-Touch after dealing with chronic back pain. In the tiny town of Mancos, CO, Bucky is first introduced to the practice of Bio-Touch by a chain smoking, coffee drinking man named Norman. After only two sessions, Bucky's pain completely disappeared. That was when he decided that it was his mission to learn this form of healing so he could be of service to others. Schildhouse recounts Bucky's incredible journey in a thoughtful manner that is warm, funny and touching. Her book offers readers a first-hand account of this exciting healing practice which is sure to help those who may be needlessly suffering.

Supported by scientific research, Bio-Touch has been shown effective in treating a wide range of medical conditions from arthritis to cerebral palsy, ulcers, lupus and even strokes. Bio-Touch practitioners know that you can't put a price on healing and that their "payment" is knowing that they have relieved a person's pain with this powerful technique.

For the past two years, Debra Schildhouse has been the editor and a contributing writer for the monthly online newsletter for the International Foundation of Bio-Magnetics (IFBM), a nonprofit 501(c) (3) organization, as well as writer of content for the Bio-Touch website. She also has written ad copy for the Bio-Touch Foundation that appeared in the Natural Awakenings magazine. She currently is a member of, and facilitator for, the Sunset Writer's Group of Tucson. She has been a Certified Practitioner of Bio-Touch, and a staff member at the Bio-Touch Center for nearly five years. **BIO-TOUCH: Healing With The Power In Our Fingertips** is her first book.

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Healing With The Power In Our Fingertips
By Debra Schildhouse
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